

19 March 2018

Dear Colleague

The Next Step on our Clinical Services Journey

I wanted to write to provide an update on our Trust's plans to transform our services and to ask for your help.

As you may recall, the Trust published its Clinical Services Strategy last year, following a review which saw much input from patients, carers, family members and clinicians and partner organisations. The Strategy provides us with the foundations for what our mental health and learning disability services will look like in the future.

We now need to create a much more detailed plan to ensure positive changes can be made and we are seeking the involvement of people with lived experience.

We will be working with another NHS Trust, Northumberland Tyne and Wear which went through a similar transformation programme several years ago and which is now recognised as an outstanding Trust by NHS regulators.

Our Initial Focus

A key requirement is to look at how people access our mental health services and how this can be improved. The initial focus will be on East Hampshire and Portsmouth and primarily we are looking for people with experiences of these services to support this work.

To this end, we are hosting four workshops in coming months and setting up a dedicated special interest focus group to gather views and input. We would like both to have involvement from those with lived experience, either as a patient, close family or friend of a patient - and **this is where we hope you may be able to help, by sharing details of how to get involved with relevant individuals.** We have already written to people who had expressed interest in getting involved but would really appreciate your help in sharing details more widely.

The dates and venues for the workshops (which will run from 9am - 5pm each day) are:

- Monday 30th April to Friday 4th May 2018
Venue: John Pounds Centre, 23 Queen Street, Portsmouth PO1 3HN
- Monday 14th to Friday 18th May 2018
Venue: Havant Rugby Football Club, Fraser Road, Havant PO9 3EJ
- Monday 4th to Friday 8th June 2018
Venue: Petersfield Rugby Football Club, Penns Place, Petersfield GU31 4EP

OUR VALUES



Patients &
people first



Partnership



Respect

- Monday 18th and Tuesday 19th June 2018

Venue: Gosport Community Association and Thorngate Halls, Bury Road, Gosport, PO12 3PX.

Please note, we are looking for participants who can commit to the full five days (for the first three workshops) and both days for the fourth workshop. Expenses and travel will be reimbursed in line with Trust policy.

As there will be a limit to the number of people attending each workshop, we are also looking for groups and individuals to be involved in other ways. This will be for people who use Facebook, Twitter or email who are not able or required to attend the workshops. Instead, during the four weeks that the workshops run, summaries from each day would be shared with these focus group members for their thoughts and feedback, to ensure their voice is heard and acted upon.

We would very much appreciate your help in spreading the word about the focus group and the workshops. Please ask anyone who is interested in finding out more or registering their interest to contact either myself or my colleague Klara Thomas at: delivery.unit@southernhealth.nhs.uk / 07971 705455 before the end of the month. We'd be happy to chat this all through with them in a little more detail.

Thank you for taking the time to read this letter and I very much hope you will consider helping us in the latest stage of our clinical services journey, where the ultimate destination is improved healthcare for local people.

Warm regards,

Dean Garrett
Business Development Manager
Southern Health NHS Foundation Trust