

## How can we support you at the Dynamite Autism Focus Group 12 September 2018

- You can arrange to visit the Frank Sorrell Centre at an earlier date, meet staff from Dynamite and be shown the room where the event takes place.
- You can arrange to arrive earlier than other young people and meet the event organisers before other young people arrive.
- We can arrange to have ear defenders ready for young people when they arrive.
- We have access to a quiet space throughout all of our events.
- Young people are welcome to attend events with someone who supports them.
- We will have fidget toys to help people concentrate (or people can bring their own).
- We don't have the lights too bright and can adjust them if needed.
- Young people can leave early if they need to (as long as they are safe).
- We can pair you up with a young person from the Dynamite Core Group who has attended these types of events before.
- We can answer any questions which you have about the event either by email, text or on the phone.
- We are happy to make any other reasonable changes to the way we do things and will listen to suggestions from young people on how we can support them best.

Dynamite Portsmouth

[www.dynamiteportsmouth.org.uk](http://www.dynamiteportsmouth.org.uk)

Contact Dynamite – [dynamiteportsmouth@gmail.com](mailto:dynamiteportsmouth@gmail.com) / 07905682886

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